

5th of October 2025 Sunday		
1st Panel: Update in Rheumatological Rehabilitation Session Chairs: Prof. Kezban YİĞİTER, Prof. Yavuz YAKUT, Prof. Edibe ÜNAL		
09.30-09.50	What Do Current Guidelines Say in Rheumatological Rehabilitation?	Assist. Prof. Erkin Oğuz SARI
09.50-10.10	Physical Activity, Exercise, Chronic Pain, Biopsychosocial Model in Rheumatological Diseases	Prof. Edibe ÜNAL
10.10-10.30	Evaluation Methods in Rheumatological Rehabilitation	Assist. Prof. Deniz KOCAMAZ
10.30-11.00	Coffee Break	
2nd Panel: Different Involvement in Rheumatologic Rehabilitation Session Chairs: Prof. Arzu DEMİRGÜÇ, Assoc. Prof. Serkan USGU, Assoc. Prof. Evrim ÖZ		
11.00-11.15	Cardiopulmonary Involvement in Rheumatological Rehabilitation	Assist. Prof. Nurel ERTÜRK
11.15-11.30	Neurological Involvement in Rheumatological Rehabilitation	Assoc. Prof. Günseli USGU
11.30-11.45	Upper Extremity Involvement in Rheumatological Rehabilitation	Assist. Prof. Zeynep İrem BULUT
11.45-12.00	Sarcopenia Rehabilitation in Individuals with Rheumatism	Assist. Prof. Fatma Kübra ÇEKOK
12.00-13.30	Lunch Break	
3rd Panel: A Global Perspective On Chronic Pain Session Chairs: Prof. Edibe ÜNAL, Assoc. Prof. Günseli USGU, Assoc. Prof. Sevim ÖKSÜZ, Assist. Prof. Zeynep İrem BULUT		
13.30-13.45	Myofascial Pain Syndrome	Prof. Robert D. GERWIN (Baltimore, Maryland, USA)
13.45-14.00	Chronic Pelvic Pain in Rheumatic Diseases	Prof. Jay P. SHAH (National Institutes of Health, USA)
14.00-14.15	Managing the Biopsychosocial Network of Pain in Patients with Rheumatic Diseases	Prof. Rinnie GEENEN (Utrecht, Netherlands)
14.15-14.30	Chronic Pain Management from a Rheumatologist's Perspective	Dr. Bayram FARİSİOĞULLARI (University College London, UK)
14.30-15.00	Coffee Break	
4th Panel: Biopsychosocial Conditions Other than Pain and Physical Function in Rheumatological Rehabilitation Session Chairs Prof. Burcu TALU, Assoc. Prof. Hatice ADIGÜZEL TAT, Assist. Prof. Deniz KOCAMAZ, Assist. Prof. Asiya UZUN		
15.00-15.15	Cognitive Problems	Pt. Aysima BARLAK
15.15-15.30	Social Isolation	Pt. Orkun TÜFEKÇİ
15.30-15.45	Sexual Problems	Assist. Prof. Elif DİNLER
15.45-16.00	Sleep Problems	Assist. Prof. Tuğba GÖNEN
16.00-16.30	Coffee Break	
5th Panel: End of the Day		
16.30-17.00	What Remains in Our Minds	Dr. Pt. Süreyya DAMAR ÖRENLER Pt. Havva ADLI Pt. Esra ALAGÖZ Res. Ass. Hilal YAVUZ Pt. Aylin KESKİN Res. Ass. Nail Abidin YARAŞIR Pt. Özlem Nur TOK YAMAN Pt. Sinem KURU Pt. Begüm AKAR Pt. Zülal TATAR Res. Ass. Gülnihal METİN
17.00-17.30	Working Group's Meeting	
17.30-18.00	Ordinary General Assembly Meeting of Pediatric and Adult Rheumatology Physiotherapists Society	
6th of October 2025 Monday		
09.00-09.30	Opening Speeches	Head of the Department of Physical Therapy and Rehabilitation Assoc. Prof. Serkan USGU Dean of HKU Faculty of Health Sciences Prof. Kezban YİĞİTER Head of Congress Assist. Prof. Deniz KOCAMAZ Vice Rector of HKU Prof. Gül Rengin KÜÇÜKDOĞAN (In the Case of Attendance)
1st Panel: Disease Management in Individuals with Rheumatism Session Chairs: Prof. Bünyamin KISACIK, Assist. Prof. Deniz KOCAMAZ, Assist. Prof. Erkin Oğuz SARI		
09.30-09.50	Approach to Rheumatoid Arthritis in Cases	Prof. Bünyamin KISACIK
09.50-10.10	Approach to Spondyloarthropathies in Cases	Prof. Pedro M. MACHADO (University College London, UK)
10.10-10.30	Disease Management in Rheumatological Rehabilitation	Prof. Edibe ÜNAL
10.30-10.35	Practical experience	Res. Ass. Nur Banu KARACA
10.35-10.40	Practical experience	Assist. Prof. Erkin Oğuz SARI
10.40-11.00	Coffee Break	
2nd Panel: Rheumatic Diseases with Functional Disability Session Chairs: Prof. Edibe Ünal, Assoc. Prof. Murat Ali ÇINAR, Dr. Ahmet ERKİLİÇ		
11.00-11.20	Disease Management in Systemic Lupus Erythematosus	Assist. Prof. Fatih ALBAYRAK
11.20-11.40	Disease Management in Poly-Dermatomyositis	Dr. Mustafa Ekici (Manchester University, UK)
11.40-12.00	Physical Activity and Exercise in Functional Limitation	Assoc. Prof. Sevim ÖKSÜZ
12.00-12.05	Practical experience	Pt. Merve DEMİRTEKİN
12.05-12.10	Practical experience	Pt. Aysima BARLAK
12.10-13.30	Lunch Break	
3rd Panel: Disease Management in Connective Tissue Diseases Session Chairs: Assoc. Prof. S. Yaprak ÇETİN, Assoc. Prof. Murat Ali ÇINAR		
14.30-14.50	Disease Management in Sjögren's Disease	Dr. Şerife Şeyda ZENGİN ACEMOĞLU
14.50-15.10	Disease Management in Scleroderma	Assoc. Prof. Orhan ZENGİN
15.10-15.30	The Role of Physical Activity and Exercise in Connective Tissue Diseases	Assoc. Prof. S. Yaprak ÇETİN
15.30-15.35	Practical experience	Pt. Orkun TÜFEKÇİ
15.35-15.40	Practical experience	Pt. Nazlı Elif NACAR
15.40-16.00	Coffee Break	
4th Panel: The Role of Exercise in Chronic Pain Management Session Chairs: Prof. Özlem ALTUNDAĞ, Prof. Hasan HALLAÇELİ, Assist. Prof. Tuğba GÖNEN		
16.00-16.20	Disease Management in Osteoarthritis	Assoc. Prof. Fatih KOÇYİĞİT
16.20-16.40	Disease Management in Fibromyalgia	Assist. Prof. Ahmet AKYOL
16.40-17.00	Direction of Exercise in Chronic Pain	Assoc. Prof. Elif GÜR KABUL
17.00-17.05	Practical experience	PT. Kübra SARGIN BASKIN
17.05-17.10	Practical experience	Assist. Prof. Erkin Oğuz SARI

7th of October 2025 Tuesday		
1st Panel: Rheumatological Disease Management in Childhood		
Session Chairs: Prof. Ayşe BALAT, Assoc. Prof. Demet GÖZAÇAN KARABULUT, Assist. Prof. Elif DİNLER		
09.30-09.45	Disease Management in Juvenile Idiopathic Arthritis	Dr. Serkan COŞKUN
09.45-10.00	Disease Management in Juvenile SLE	Dr. Gülçin AYTAÇ
10.00-10.15	Disease Management in Juvenile Scleroderma	Dr. Erdal ATALAY
10.15-10.30	Disease Management in Rheumatological Rehabilitation	Prof. Edibe ÜNAL
10.30-10.35	Practical experience	Pt. Orkun TÜFEKÇİ
10.35-10.40	Practical experience	Res. Ass. Sinan BURAN
10.40-11.00	Coffee Break	
2nd Panel: Physical Activity and Exercise in Childhood Rheumatological Diseases		
Session Chairs: Prof. Kezban YİĞİTER, Prof. Nevin ERGUN, Assoc. Prof. Serkan TAŞ		
11.00-11.15	Disease Management in Juvenile Dermatomyositis	Dr. Ahmet GİRGEÇ
11.15-11.30	Disease Management in Juvenile Vasculitis	Dr. Merve Cansu POLAT
11.30-11.45	Disease Management in Juvenile Familial Mediterranean Fever	Dr. Orhan NURLU
11.45-12.00	Physical Activity and Exercise in Rheumatological Rehabilitation	Assoc. Prof. S. Yaprak ÇETİN
12.00-12.05	Practical experience	Assist. Prof. Berna Çağla BALKIŞLI
12.05-12.10	Practical experience	Pt. Sinem BOZCUK GÜN
12.10-13.30	Lunch Break	
Oral Presentations		
Session Chairs: Assist. Prof. Özlem BARUTÇU, Assist. Prof. Erkin Oğuz SARI		
3rd Panel: The Role of Interdisciplinary Approach for Individuals with Rheumatism		
Session Chairs: Prof. Kezban YİĞİTER, Prof. Ayla YAVA, Prof. Yasemin BEYHAN, Assoc. Prof. Serkan USGU		
14.30-14.45	Rheumatologist Perspective	Dr. Şerife Şeyda ZENGİN ACEMOĞLU
14.45-15.00	Physiotherapist Perspective	Assoc. Prof. Murat Ali ÇINAR
15.00-15.15	Occupational Therapist Perspective	Assist. Prof. Halil İbrahim ERGEN
15.15-15.30	Nurse Perspective	Prof. Nuran TOSUN
15.30-15.45	Dietitian Perspective	Assist. Prof. Mustafa Anıl ERBAĞCI
16.00-16.15	Coffee Break	
16.15-17.00	Closing the Congress and Reading the Consensus Report	Prof. Edibe ÜNAL Assist. Prof. Deniz KOCAMAZ

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